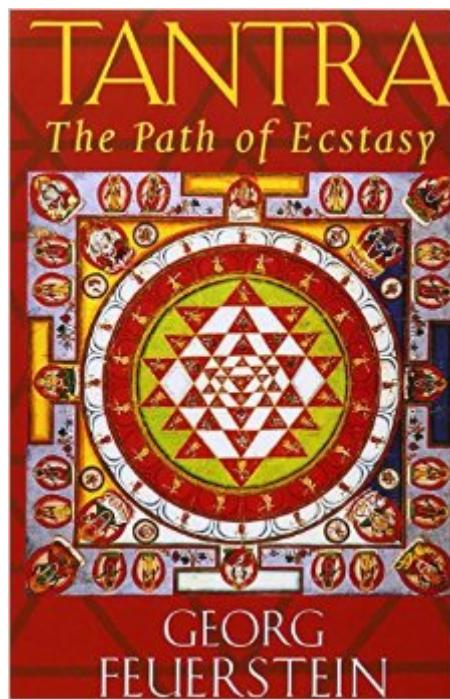


The book was found

Tantra: Path Of Ecstasy



Synopsis

Tantra "often associated with Kundalini Yoga" is a fundamental dimension of Hinduism, emphasizing the cultivation of "divine power" (shakti) as a path to infinite bliss. Tantra has been widely misunderstood in the West, however, where its practices are often confused with eroticism and licentious morality. *Tantra: The Path of Ecstasy* dispels many common misconceptions, providing an accessible introduction to the history, philosophy, and practice of this extraordinary spiritual tradition. The Tantric teachings are geared toward the attainment of enlightenment as well as spiritual power and are present not only in Hinduism but also Jainism and Vajrayana Buddhism. In this book, Georg Feuerstein offers readers a clear understanding of authentic Tantra, as well as appropriate guidance for spiritual practice and the attainment of higher consciousness.

Book Information

Paperback: 314 pages

Publisher: Shambhala (July 1998)

Language: English

ISBN-10: 157062304X

ISBN-13: 978-1570623042

Product Dimensions: 6 x 0.9 x 9 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars See all reviews (32 customer reviews)

Best Sellers Rank: #268,924 in Books (See Top 100 in Books) #14 in Books > Religion & Spirituality > Hinduism > Theology #62 in Books > Religion & Spirituality > Hinduism > Rituals & Practice #2463 in Books > Politics & Social Sciences > Philosophy > Eastern

Customer Reviews

Georg Feuerstein is a respected author of a number of works on esoteric traditions of India and here attempts a guide to a notoriously difficult subject. Tantra is so difficult because of the number of different traditions, the multitude of various texts, many of which remain untranslated, and the subject matter itself, which has many pitfalls for the unwary student. This book, however, is written by someone with an understanding of the subject matter, and is organised in a way which gradually draws the reader into the essentials of tantra, including the often neglected ritual aspect, including mantra, yantra, mudra and nyasa. Feuerstein draws on a number of texts, some translated and others not, to explain the essentials of the tantrik tradition. He relies particularly heavily on the Kularnava Tantra (available in an English translation) which is, we feel, one of the more accessible

of the texts. The author stresses the importance of initiation and of the guru, and also spends some time examining those forms of tantra which have sprung up in the Western World. "Many are attracted to Neo-Tantrism because it promises sexual excitement or fulfillment while clothing purely genital impulses or neurotic emotional needs in an aura of spirituality... Today translations of several major Tantras are readily available in book form, and many formerly secret practices are now, in the language of the texts, 'like common harlots'. This gives would-be Tantrics the opportunity to concoct their own idiosyncratic ceremonies and philosophies, which they can then promote as Tantra." (Tantra, page 271). While Feuerstein warns that some tantric practices are dangerous in the wrong hands, we feel that in many ways the tradition protects itself.

[Download to continue reading...](#)

Tantra: Path of Ecstasy Tantra: The Path of Ecstasy The Tantra Experience (The Tantra Vision, Vol. 1): Evolution Through Love The Four Noble Truths and Eightfold Path of Buddhism: Discover the Essence of Buddhism and the Path to Nibbana Steps on the Path to Enlightenment, Karma: Steps on the Path to Enlightenment: A Commentary on Tsongkhapa's Lamrim Chenmo, Volume 2: Karma (Vol.2) Perfume Homemade Ecstasy: Perfume Made Easy at Home - Over 50 Homemade Perfume Recipes with Essential Oils Perfume Homemade Ecstasy: Profumo Facile in Casa - Oltre 50 ricette profumi fatti in casa (Italian Edition) Perfume Homemade Ecstasy: Perfume Made Easy at Home (Paperback) - Common Acid Test: LSD, Ecstasy, and the Power to Heal The Agony and the Ecstasy Shamanism: Archaic Techniques of Ecstasy (Bollingen Series (General)) Rumi: The Book of Love: Poems of Ecstasy and Longing Beyond Ecstasy (Beyond, Book 8) Ecstasy Unbound (The Guardians of the Realms Series Book 1) Grandparenting: The Agony and the Ecstasy Ordinary Ecstasy: The Dialectics of Humanistic Psychology Tradition Book: Cult of Ecstasy (Mage: The Ascension) Out of Body Ecstasy: Telepathic, Dream, & Astral Sex: The Anywhere, Anytime, Orgasmic Experience Religious Therapeutics: Body and Health in Yoga, Ayurveda, and Tantra (SUNY Series in Religious Studies) (Suny Series, Religious Studies) Numerology: With Tantra, Ayurveda, and Astrology

[Dmca](#)